

Commack Elementary Schools



WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday

Egg and Cheese Sandwich 🕜 Sweet Corn **Cucumber Coins** Papaya Fresh Strawberries

Grilled Cheese Sandwich @ Green Beans Fresh Baby Carrots Fresh Blackberries

Tuesday



Wednesday

Fluffy Whole Grain Waffles 🕜 With Light Mozzarella Cheese Stick Roasted Butternut Squash Green Pepper Slices Dragon Fruit Strawberry Cup

Thursday Homemade Baked

Pasta with Cheese 🐶 **Baked Beans** Fresh Baby Carrots Fresh Blueberries

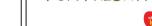
Watermelon Slices

Friday

Classic Cheese Pizza

Steamed Zucchini Side Garden Salad Starfruit Guava

FUN FRIDAY!



National Egg Day

Pizza Bagel 🕜 🤔 10 Sweet Corn Cucumber Coins Guava Fresh Peach

Grilled Cheese 11 Sandwich @ Green Beans Fresh Baby Carrots Fresh Blackberries Watermelon Slices

Fluffy Whole Grain Pancakes 🕜 With Light Mozzarella Cheese Stick Roasted Butternut Squash Green Pepper Slices Fresh Melon Cup Fresh Strawberries

BRUNCH FOR LUNCH TODAY!

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IT'S STUDENT APPRECIATION DAY

13 Mozzarella Sticks 🚱 Marinara Sauce Dip **Baked Beans** Crispy Potato Puffs Orange and Pineapple Cup Papaya

> Find the sticker on the bottom of the milk and receive a free smart snack

14 Classic Cheese Pizza



Steamed Carrots Side Garden Salad Fresh Blueberries Dragon Fruit

FUN FRIDAY!





With Marinara Sauce Dip Sweet Corn Cucumber Coins Mango Cup Guava



18 Nachos with Cheese

Steamed Broccoli Fresh Baby Carrots Pineapple Dragon Fruit



26



20 Homemade Waffles



With Sausage Patty **Baked Beans** Crispy Potato Puffs Strawberries Papaya

21 Classic Cheese Pizza



Steamed Carrots Side Garden Salad Starfruit **Applesauce**





28

FUN FRIDAY!

HAVE A



Half Day No Lunch Served

Half Day No Lunch Served

27



Text "Food" to 304-304

Call 211 or 311 (in NYC)



SREAT SUMMER!

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

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*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have

**Menu is subject to change, notice posted when available.

certain medical conditions.

***In accordance with federal civil rights law

Food Service Office 631-912-2172

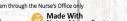
Reimbursable Lunch \$2.95 Reduced Lunch \$0 Milk \$.75

PLEASE REPORT ALL ALLERGIES TO THE SCHOOL

Lunch includes protein, grain, vegetable, fruit and milk choice: FF chocolate, FF white or 1% white.

AVAILABLE DAILY:

Popcorn Chicken, PBJ Sandwich, Turkey Sandwich, Cheese Sandwich, Bagel w/cheesestick, Cereal Lunch. Fruity Parfait offered on Wednesdays.







orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.